MEASUREMENT CHART

GIRTH

BODY

LENGTH

BODY

1. Neck circumference	 20. Center front to waist	
2. Neck width	21. Center front to ribcage (women only)	
2. Neck width	 22. Center front to knee	
3. Shoulder width (back)	(women only)	
	 23. Center front to floor	
4. Chest (men only)	 (women only)	
	24. Side front to bust	
5. Upper chest (women only)	 (women only)	
6. Full bust (women only)	25. Side front to waist	
0. Tun bust (women omy)	 26. Bust to shoulder	
7. Front bust (women only)	(women only)	
	 27. Center front waist to	
8. Back bust (women only)	 shoulder (men only)	
9. Bust to bust	 28. Center back to waist	
10. Ribcage (women only)	29. Side back to waist	
10. Ribeage (women omy)	 30. Center back waist to	
11. Waist	shoulder	
	 Shoulder	
ARM	31. Armpit to waist	
	-	
ARM 12. Bicep	 31. Armpit to waist ARM	
12. Bicep	 ARM	
	 -	
12. Bicep	 ARM 32. Arm length (bent)	
12. Bicep 13. Wrist	 ARM	
12. Bicep 13. Wrist	ARM 32. Arm length (bent)	
12. Bicep 13. Wrist 14. Palm LEG	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap	
12. Bicep 13. Wrist 14. Palm	ARM 32. Arm length (bent) 33. Shoulder to elbow	
12. Bicep 13. Wrist 14. Palm LEG 15. Hips	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap LEG	
12. Bicep 13. Wrist 14. Palm LEG	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap	
12. Bicep 13. Wrist 14. Palm LEG 15. Hips 16. Thigh	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap LEG 35. Waist to hips (side)	
12. Bicep 13. Wrist 14. Palm LEG 15. Hips	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap LEG	
12. Bicep 13. Wrist 14. Palm LEG 15. Hips 16. Thigh	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap LEG 35. Waist to hips (side)	
12. Bicep 13. Wrist 14. Palm LEG 15. Hips 16. Thigh 17. Leg width 18. Knee	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap LEG 35. Waist to hips (side) 36. Waist to knee (side) 37. Waist to floor (side)	
12. Bicep 13. Wrist 14. Palm LEG 15. Hips 16. Thigh 17. Leg width	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap LEG 35. Waist to hips (side) 36. Waist to knee (side) 37. Waist to floor (side) 38. Inseam	
12. Bicep 13. Wrist 14. Palm LEG 15. Hips 16. Thigh 17. Leg width 18. Knee	ARM 32. Arm length (bent) 33. Shoulder to elbow 34. Sleeve cap LEG 35. Waist to hips (side) 36. Waist to knee (side) 37. Waist to floor (side)	